

The Witness Series Part 1: February 22, 2025

Empowered by Flowers

Place: [Pilgrim United Church](#) and [Columbia Tap Rail Trail](#) Pilgrim Community Center Inc
3118 Blodgett St
Houston, TX 77004

Time: 9am – 11:30am

Format: Panel, Floral Remembrance Workshop and History Nature Walk

Flowers are a natural tool for self-care that have been shown to reduce stress and anxiety. The giving of flowers elicits joy and gratitude, while at the same time strengthening our bonds with loved ones. This event will begin with a BIPOC artists panel about the strong positive effects flowers and nature have on our emotional well being. This engaging dialogue will provide the space to explore the power of communities of color to lean into nature and see themselves reflected in flora and fauna. Following the panel, attendees will be invited to take part in a hands-on ancestor flower arrangement workshop conducted by artist Brittany Mayfield. Participants will create eco-friendly remembrance floral arrangements created with waste-reducing practices and upcycled materials made from locally sourced, in-season flowers. The bouquets will be added to the Kirk Jackson, a Third Ward resident and community advocate, marker on the Columbia Tap Trail. The Houston Audubon will highlight the birds found along the trail, before attendees take a nature walk along the Columbia Tap Trail and learn its history.

PARTICIPATING ARTISTS & PARTNERS

[April M. Frazier](#)

[Brittany Mayfield](#) -Panelist

[Friends of Columbia Tap](#)

[Erandi Trevino](#) -Panelist

[Houston Audubon](#)

[Kristi Rangel](#) -Moderator

[Naomi Carrier](#) – Panelist

[Pilgrim United Church](#)

[Texas Center for African American Living History](#)

**Artist [April M. Frazier](#) and her camera will bear witness to this event. Through her art, we will be able to experience the power of community building and creating art in green spaces.*

***[Houston Public Library \(HPL\)](#) provides a book list on the themes of the Columbia Tap Rail Trail and nature centered self-care.*