



# Lights Out for Birds

Migrating birds fly at night, and lights on buildings can disorient birds on their paths, resulting in fatal collisions. Hundreds of millions of birds die as a result of window strikes in the US each year.

The Upper Texas Coast plays a key role on the Central Flyway, a important migratory path for birds. Birds that move along and across the Gulf of Mexico depend on safe passage through the Houston-Galveston area. Throughout migration, and particularly during storm fronts, turning Lights Out for Birds can make a difference.

Sign up to receive Houston Audubon's Lights Out Action Alerts at [houstonaudubon.org/lightsout.html](http://houstonaudubon.org/lightsout.html).

## HOW YOU CAN HELP

### LIGHTS OUT ALERTS

**GOOD:** Committing to participating in targeted lights out includes turning off lights in response to issued **Lights Out Action Alerts** from Houston Audubon.

These alerts are distributed when there are periods with both high predicted migration and weather conditions that can force high numbers of birds to fly at lower altitudes.

### TARGETED LIGHTS OUT

**BETTER:** Committing to targeted lights-out means turning off lights during the period of peak migration. This requires ensuring your building or home's lights are turned off at night from April 19 to May 7.

Research has found that this period of 19 days is when over 50% of birds migrate through our area.

### TOTAL LIGHTS OUT

**BEST:** Committing to a total lights-out migration is the best way to help migratory birds avoid night-time collisions. This requires ensuring your building or home's lights are turned out at night during the **entire** migration period.

**Spring Migration**  
March 15 - May 15

**Fall Migration**  
September 15 - November 15