

# Texas: Lights Out for Bird Safety

More than 1 billion birds will pass through Texas during spring migration.

**TURN OFF NON-ESSENTIAL LIGHTS FROM APRIL 19–MAY 7**  
to help birds on their amazing migratory journey!



## What is spring migration?

Spring migration is the time period when billions of birds return north from their wintering grounds to take advantage of booming insect populations, budding plants, and safe nesting locations.

[Click here to learn more!](#)



## What do lights have to do with bird safety?

Can you imagine traveling 5,000 miles without a car, plane, or raincoat? It's a tough journey that most birds make under the cover of darkness. Artificial lights from houses, buildings, and cities attract and disorient migratory birds.



## How does turning off lights help?

Turning off lights prevents birds from getting disoriented and colliding with buildings. **As many as 1 billion birds die from building collisions every year in the U.S.**

## Be a hero for birds by turning off lights at home!

- Check out [BirdCast](#) and [Lights Out Texas](#) to view real-time migration data and learn about the science behind our campaign.
- Mark your calendar for peak migration. **Texas sees a full 50% of its migratory bird traffic between April 19–May 7!**
- Decide which lights in your home are non-essential and **turn them off at 7pm** during peak migration.
  - ✓ We recommend setting a benchmark time like “after dinner” or a daily alarm to help you remember.
- Learn about the amazing species you are helping with [free games and quizzes](#) from the Cornell Lab of Ornithology.
  - ✓ Parents can [access weekly activities](#) to engage kids through birds and nature.
- Tell your friends and family members!**
  - ✓ Share this fact sheet to educate others about light pollution, bird migration, and the Lights Out Texas campaign.