



Dear parents,
We are so glad that you are coming to celebrate a birthday at the Edith L. Moore Nature Sanctuary. As you know, the Houston Audubon Society and Audubon Docent Guild are environmental education and conservation organizations, and all of our programs support this mission.

The following are some suggestions about reducing waste and making sustainable choices when planning your birthday party. Please let us know if you have any questions, or if you would like any additional resources.

Bring reusable tableware. If you use plastic utensils, take them home to rinse off and use again.

Ask your child how she or he thinks we can make less trash at her/his birthday party.

Challenge yourselves to have a “trashless” party.

Look for gifts with little or no packaging or gifts made with recyclable materials. Encourage guests to do the same.

Reuse bows, ribbons, and wrapping paper. Try using posters, children’s artwork, comics, or other fun materials for wrapping paper instead of purchasing it.

No balloons, please. Balloons can harm wildlife and are not permitted at Edith L. Moore Nature Sanctuary.

Support food retailers that are environmentally aware and use less packaging. Bring dishes with local and/or organic ingredients.

Take home leftover food items, or donate them to a local charity.

Spread the word! Point out to your guests the ways that your party demonstrates waste reduction and sustainable choices.

By making a few simple choices, you are teaching your children and others to become more environmentally aware citizens and leaders. Thank you!

Houston Audubon and Audubon Docent Guild

www.houstonaudubon.org

713.932.1639